



ACADEMIR



MONDAY

BREAKFAST:

Peaches
Cereal
Milk

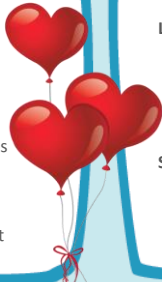
1

LUNCH:

Baked Chicken
Brown Rice
Broccoli
Sweet Potatoes Fries
Pineapple
Milk

SNACK:

Tropical Mixed Fruit
Yogurt



TUESDAY

BREAKFAST:

Milk

2

LUNCH:

Beefaroni
Corn
Garlic Bread
Applesauce
Milk

SNACK:

Blueberry Muffin
Milk

WEDNESDAY

BREAKFAST:

Pineapple
Bread
Turkey Slices**
Cheese Slices**
Milk

3

LUNCH:

Meatballs
Brown Rice
Black Beans
Sliced Tomatoes
Cantaloupe
Milk

SNACK:

Peaches
Goldfish Crackers

THURSDAY

BREAKFAST:

Cinnamon Apple
Blueberry Vanilla Bread
Milk

4

LUNCH:

Chicken Nuggets** *ketchup*
Mixed Vegetable
Broccoli
Roll
Mandarin Orange
Milk

SNACK:

Banana Bread
Milk

FRIDAY

BREAKFAST:

Banana
Morning Cookies
Yogurt
Juice
Milk

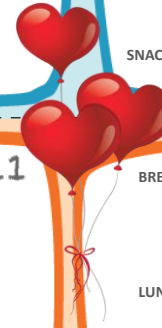
5

LUNCH:

Arroz con Pollo
Green Beans
Mixed Green Salad
Ranch dressing
Roll
Fruit Cocktail
Milk

SNACK:

Animal Crackers
Juice



BREAKFAST:

Pineapple
Cereal
Milk

8

LUNCH:

Roasted Turkey
Moros
Green Peas & Carrots
Roll
Pears
Milk

SNACK:

Cuban Crackers
Turkey Ham Slices

BREAKFAST:

Tropical Mixed Fruit
Bagel *cream cheese*
Milk

9

LUNCH:

Chicken nuggets *ketchup*
Mashed Potatoes
Broccoli
Roll
Red Apple**
Milk

SNACK:

Corn Muffin
Juice

BREAKFAST:

Mandarin Orange
Bread
Cheese Slices
Turkey Ham
Milk

10

LUNCH:

Salisbury Steak
Brown Rice
Roll
Green Beans & Carrots
Honeydew
Milk

SNACK:

Blueberry Vanilla Bread
Pears

BREAKFAST:

Mandarin Orange**
Bread **
Cheese Slices**
Turkey Ham**
Milk

11

LUNCH:

Fricassee de Pollo
Brown Rice
Red Beans
Plantains
Pineapple
Milk

SNACK:

Yogurt
Graham Crackers

BREAKFAST:

Fresh Fruits
Blueberry Muffin**
Cereal**
Juice
Milk

12

LUNCH:

Macaroni & Cheese
Garlic Bread
Mixed Green Salad
Ranch dressing
Applesauce
Milk

SNACK:

Chocolate Chip Cookies
Milk

15



BREAKFAST:

RED APPLE**
CEREAL**
Milk

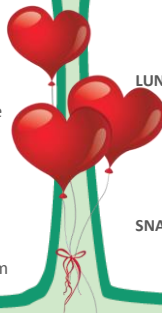
16

LUNCH:

Chicken Patty *Mayo*
Sliced Tomatoes & Lettuce
Green Peas
Bun
Red Apple
Milk

SNACK:

English Muffin
Cheese Slices & Turkey Ham



BREAKFAST:

Cantaloupe
Blueberry Muffin
Yogurt
Milk

17

LUNCH:

Pulled Chicken
Mashed Potatoes
Carrots
Roll
Fruit Cocktail
Milk

SNACK:

Assorted Crackers
Juice

BREAKFAST:

Morning Cookies
Cinnamon Apples
Milk

18

LUNCH:

Spaghetti & Meat Sauce
Garlic Bread
Steamed Baby Carrots
Mixed Green Salad
Ranch dressing
Peaches
Milk

SNACK:

Animal Crackers
Milk

BREAKFAST:

Fresh Fruit
Cheese Slices**
Turkey Ham**
English Muffin
Juice
Milk

19

LUNCH:

Pizza
Mixed Vegetables
Pears
Milk

SNACK:

Mandarin Orange
Nut Free Trail Mix



ACADEMIR



MONDAY

BREAKFAST: 22

Cereal
Fruit Cocktail
Milk

LUNCH:

Roasted Beef
Brown Rice
Green Peas & Carrots
Pineapple
Milk

SNACK:

Assorted Crackers
Turkey Ham

TUESDAY

BREAKFAST: 23

Blueberry Muffin
Applesauce
Milk

LUNCH:

Chicken Nuggets ***Ketchup*
Roll**
Steamed Baby Carrots
Mixed Green Salad
Ranch dressing
Mandarin Orange
Milk

SNACK:

Milk
Chocolate Chip Cookies

WEDNESDAY

BREAKFAST: 24

English Muffin *butter*
Honeydew
Milk

LUNCH:

Beef Burrito
Flour Tortilla
Brown Rice
Black Beans
Broccoli
Fruit Cocktail
Milk

SNACK:

Juice
Ritz Crackers

THURSDAY

BREAKFAST: 25

Bread
Cheese Slices**
Turkey Ham**
Red Apple**
Milk

LUNCH:

Chicken Stir Fry
Brown Rice
Broccoli
Peaches
Milk

SNACK:

Pears
Yogurt

FRIDAY

BREAKFAST: 26

Biscuit
*Butter & Jelly***
Banana
Juice
Milk

LUNCH:

Hamburger
(ketchup-Mustard)
Bun
Sliced Tomatoes & Lettuce
Oven Fried Potatoes
Pears
Milk

SNACK:

Milk
Blueberry Vanilla Bread



HAPPY
VALENTINE'S
DAY