



MONDAY

BREAKFAST:

24

Cereal
Fruit Natural
Milk

LUNCH:

CHICKEN LETTUCE WRAP

Chicken Breast
Slic Tomato/Cucumber/Romaine
Shredded Cheese
Flour Tortilla
Tortilla Chips
Mustard/Mayo
Fruit
Milk

SNACK:

Juice
Graham Crackers

TUESDAY

BREAKFAST:

25

Bagel *cream cheese*
Fruit cup
Juice
Milk

LUNCH:

GARDEN STYLE CLUB SANDWICH

Turkey Ham
Slic Tomato/Cucumber/Romaine
Turkey Bacon
Sliced Bread
Mustard/Mayo
Fruit
Milk

SNACK:

Natural Fruit
Cream Fill Cookies

WEDNESDAY

BREAKFAST:

26

Cinnamon Raisin Bread
Fruit cup
Juice
Milk

LUNCH:

TURKEY TACOS

Ground Turkey
Cajun Rice
Baby Carrots *dressing*
Flour Tortilla
Fruit
Milk

SNACK:

Juice
Fruit Muffin

THURSDAY

BREAKFAST:

27

Cereal
Fruit Natural
Juice
Milk

LUNCH:

CHICKEN PATTY

Breaded Chicken Patty
Bun
Slic Tomato/Romaine
Chips
Mayo
Fruit
Milk

SNACK:

Milk
Oatmeal Cookies

FRIDAY

BREAKFAST:

28

Corn Muffin
Fruit cup
Juice
Milk

LUNCH:

ITALIAN CHICKEN WRAP

Chicken Breast
Slic Tomato/Romaine
Guacamole Dip
Parmesan Cheese
Flour Tortilla
Tortilla Chips
Dressing
Fruit
Milk

SNACK:

Juice
Goldfish Crackers

BREAKFAST:

31

Cereal
Fruit Natural
Milk

LUNCH:

CLASSIC SUB SANDWICH

Turkey Ham
Slic Tomato/Romaine/Bell Pepper
Mustard/Ketchup
Cheese Slices
Bun
Fruit
Milk

SNACK:

Natural Fruit
Cream Fill Cookies

BREAKFAST:

1

Cereal
Fruit cup
Juice
Milk

LUNCH:

TRADITIONAL HAM & CHEESE SANDWICH

Turkey Ham
Cheese Slices
Slic Tomato/Romaine
Bread
Celery Sticks
Dressing/Mayo
Fruit
Milk

SNACK:

Natural Fruit
Assorted Crackers

BREAKFAST:

2

English Muffin w/Jelly
Fruit cup
Juice
Milk

LUNCH:

ITALIAN SUB WRAP

Turkey Ham w/Turkey Pepperoni
Cheese Slices
Slic Tomato/Romaine
Flour Tortilla
Chips
Dressing
Fruit
Milk

SNACK:

Juice
Blueberry Vanilla Bread

BREAKFAST:

3

Bagel w/Cream Cheese
Fruit Natural
Milk

LUNCH:

YUMMY PITA POCKET

Seasoned Chicken Breast
Shredded Cheese
Slic Tomato/Cucumber
Pita Bread
Mustard/Mayo
Fruit
Milk

SNACK:

Milk
Chocolate Chip Cookies

BREAKFAST:

4

Muffin
Fruit cup
Juice
Milk

LUNCH:

BEEF BURRITOS

Ground Beef
Cajun Rice
Baby Carrots w/ranch
Taco Shell
Fruit
Milk

SNACK:

Juice
Banana Bread

BREAKFAST:

7

Cereal
Fruit Natural
Milk

LUNCH:

CHICKEN LETTUCE WRAP

Chicken Breast
Slic Tomato/Cucumber/Romaine
Shredded Cheese
Flour Tortilla
Tortilla Chips
Mustard/Mayo
Fruit
Milk

SNACK:

Juice
Graham Crackers

BREAKFAST:

8

Bagel *cream cheese*
Fruit cup
Juice
Milk

LUNCH:

GARDEN STYLE CLUB SANDWICH

Turkey Ham
Slic Tomato/Cucumber/Romaine
Turkey Bacon
Sliced Bread
Mustard/Mayo
Fruit
Milk

SNACK:

Natural Fruit
Cream Fill Cookies

BREAKFAST:

9

Cinnamon Raisin Bread
Fruit cup
Juice
Milk

LUNCH:

TURKEY TACOS

Ground Turkey
Cajun Rice
Baby Carrots *dressing*
Flour Tortilla
Fruit
Milk

SNACK:

Juice
Fruit Muffin

BREAKFAST:

10

Cereal
Fruit Natural
Juice
Milk

LUNCH:

CHICKEN PATTY

Breaded Chicken Patty
Bun
Slic Tomato/Romaine
Chips
Mayo
Fruit
Milk

SNACK:

Milk
Oatmeal Cookies

BREAKFAST:

11

Corn Muffin
Fruit cup
Juice
Milk

LUNCH:

ITALIAN CHICKEN WRAP

Chicken Breast
Slic Tomato/Romaine
Guacamole Dip
Parmesan Cheese
Flour Tortilla
Tortilla Chips
Dressing
Fruit
Milk

SNACK:

Juice
Goldfish Crackers



MONDAY

BREAKFAST: 14
Cereal
Fruit Natural
Milk

LUNCH:
CLASSIC SUB SANDWICH
Turkey Ham
Slic Tomato/Romaine/Bell Pepper
Mustard/Ketchup
Cheese Slices
Bun
Fruit
Milk

SNACK:
Natural Fruit
Cream Fill Cookies

TUESDAY

BREAKFAST: 15
Cereal
Fruit cup
Juice
Milk

LUNCH:
TRADITIONAL HAM & CHEESE SANDWICH
Turkey Ham
Cheese Slices
Slic Tomato/Romaine
Bread
Celery Sticks
Dressing/Mayo
Fruit
Milk

SNACK:
Natural Fruit
Assorted Crackers

WEDNESDAY

BREAKFAST: 16
English Muffin w/Jelly
Fruit cup
Juice
Milk

LUNCH:
ITALIAN SUB WRAP
Turkey Ham w/Turkey Pepperoni
Cheese Slices
Slic Tomato/Romaine
Flour Tortilla
Chips
Dressing
Fruit
Milk

SNACK:
Juice
Blueberry Vanilla Bread

THURSDAY

BREAKFAST: 17
Bagel w/Cream Cheese
Fruit Natural
Milk

LUNCH:
YUMMY PITA POCKET
Seasoned Chicken Breast
Shredded Cheese
Slic Tomato/Cucumber
Pita Bread
Mustard/Mayo
Fruit
Milk

SNACK:
Milk
Chocolate Chip Cookies

FRIDAY

BREAKFAST: 18
Muffin
Fruit cup
Juice
Milk

LUNCH:
BEEF BURRITOS
Ground Beef
Cajun Rice
Baby Carrots w/*ranch*
Taco Shell
Fruit
Milk

SNACK:
Juice
Banana Bread

BREAKFAST: 21
Cereal
Fruit Natural
Milk

LUNCH:
CHICKEN LETTUCE WRAP
Chicken Breast
Slic Tomato/Cucumber/Romaine
Shredded Cheese
Flour Tortilla
Tortilla Chips
Mustard/Mayo
Fruit
Milk

SNACK:
Juice
Graham Crackers

BREAKFAST: 22
Bagel *cream cheese*
Fruit cup
Juice
Milk

LUNCH:
GARDEN STYLE CLUB SANDWICH
Turkey Ham
Slic Tomato/Cucumber/Romaine
Turkey Bacon
Sliced Bread
Mustard/Mayo
Fruit
Milk

SNACK:
Natural Fruit
Cream Fill Cookies

BREAKFAST: 23
Cinnamon Raisin Bread
Fruit cup
Juice
Milk

LUNCH:
TURKEY TACOS
Ground Turkey
Cajun Rice
Baby Carrots *dressing*
Flour Tortilla
Fruit
Milk

SNACK:
Juice
Fruit Muffin

BREAKFAST: 24
Cereal
Fruit Natural
Juice
Milk

LUNCH:
CHICKEN PATTY
Breaded Chicken Patty
Bun
Slic Tomato/Romaine
Chips
Mayo
Fruit
Milk

SNACK:
Milk
Oatmeal Cookies

BREAKFAST: 25
Corn Muffin
Fruit cup
Juice
Milk

LUNCH:
ITALIAN CHICKEN WRAP
Chicken Breast
Slic Tomato/Romaine
Guacamole Dip
Parmesan Cheese
Flour Tortilla
Tortilla Chips
Dressing
Fruit
Milk

SNACK:
Juice
Goldfish Crackers

BREAKFAST: 28
Cereal
Fruit Natural
Milk

LUNCH:
CLASSIC SUB SANDWICH
Turkey Ham
Slic Tomato/Romaine/Bell Pepper
Mustard/Ketchup
Cheese Slices
Bun
Fruit
Milk

SNACK:
Natural Fruit
Cream Fill Cookies

BREAKFAST: 29
Cereal
Fruit cup
Juice
Milk

LUNCH:
TRADITIONAL HAM & CHEESE SANDWICH
Turkey Ham
Cheese Slices
Slic Tomato/Romaine
Bread
Celery Sticks
Dressing/Mayo
Fruit
Milk

SNACK:
Natural Fruit
Assorted Crackers

BREAKFAST: 30
English Muffin w/Jelly
Fruit cup
Juice
Milk

LUNCH:
ITALIAN SUB WRAP
Turkey Ham w/Turkey Pepperoni
Cheese Slices
Slic Tomato/Romaine
Flour Tortilla
Chips
Dressing
Fruit
Milk

SNACK:
Juice
Blueberry Vanilla Bread